

Strain-Japan R-XVI

2020 Fall Athletics COVID-19

Guidelines

This information may be modified at any time in accordance with guidance from county, state, or federal governing organizations.

Athletes

- Full contact is allowed, including competitions with teams from other schools.
- Visiting schools must provide a record of each player/coach attending games to allow for tracking in-case of a positive COVID case when the need arises.
- Surfaces and equipment will be cleaned and disinfected by coaches/directors after each group completes a practice/contest.
- Masks are highly recommended in any area in which one cannot maintain social distancing or they are participating in strenuous physical activity. They are recommended immediately before and after activities.
- Volleyball will **NOT** switch sides/benches between sets.
- No end of game handshake lines. Players and coaches will assemble on the court and wish each other 'good game' from a distance of 6 feet or greater.
- First two games of the night will play two games only, rally to 25 pts with a 27 pt. cap. One timeout allotted per game. Last game of the night will rally best 2 of 3, first two games to 25, no cap - if third game rally to 15 pts, 17 pt cap. Two timeouts allotted per game
- Line judges are encouraged to wear a mask and are asked not to shag or touch the ball in between points or during time outs. Volleyball should be placed on the service line during time-outs.
- No tournaments will be allowed - all scheduled tournaments will be canceled
- All players, coaches, and spectators will be let into the gym 10 minutes prior to the first game of the night. For the second or third game time everyone will be let in 5 minutes prior.
- Masks are recommended at all times, and strongly encouraged to be worn when not seated or unable to social distance.
- Schools will not be responsible for disinfecting seating in between games but disinfecting wipes will be available.
- Concession and gate workers will be required to wear a mask.

Coaches/Players

- Coaches/players must enter through the front door and exit through the back gym door. All coaches and players are asked to leave the building as soon as their

game is finished.

- Coaches and players will immediately wash/sanitize hands upon arrival to campus.
- Coaches/Directors will take **detailed** daily attendance for practice. If participants will be separated into groups, attendance records will be kept of who is in what group.
- Coaches/Directors must convey that any participant displaying any type of sickness/symptom should NOT attend a practice/contest. **Therefore, Coaches/Directors cannot have incentives and/or consequences for attendance and understand that all activities are voluntary for participants.**
- Coaches/Directors should not attend if feeling at all ill or have any symptoms.
- No participants will be permitted in the locker rooms. Only the lobby restrooms should be used by all practicing groups. The maximum capacity is 3 so breaks must be staggered.
- Participants **should not** bring bags and items from home; just the necessities/equipment needed for the activity.
- Participants should bring a water bottle/jug for hydration (**no sharing**). No water fountains will be allowed except those with a filling station.
- Coaches and players on the bench should respect social distancing guidelines as much as possible.

Spectators

- All spectators should self-assess before attending each contest. **(If symptoms are present spectators may not attend.)**
Symptoms Include:
 - Fever (temperature greater than 100.4)
 - cough (new or worsening)
 - shortness of breath or trouble breathing
 - sore throat (different from seasonal allergies)
 - new loss of smell or taste
 - vomiting or diarrhea
- Spectators must enter through the front door and exit through the back gym door.
- Spectators are asked to wash/sanitize hands upon arrival to campus.
- Spectators will have designated areas to sit in and should respect social distancing guidelines as much as possible.
- It is highly recommended that all spectators wear a face covering.
- All children attending will remain with their families in the stands at all times.

Strain-Japan R-XVI School District
Kathy Vandegriffe, Superintendent

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