

2021/2022 Basketball Rules

- 5 minute warm ups between each game
- 5 minute half time- No locker rooms
- 3 full (1 minute) and 2 half (30 sec) time-outs allotted per game
- Two 20 minute halves with a running clock, the last two minutes of the game the clock will stop when the whistle stops play
- One 3 minute overtime will be allowed for all games. First 2 minutes continuous running clock, last minute the clock will stop when the whistle stops play
- No end of the game handshake lines